

Therapeutic Nutrition Course Specification

II. Course Identification and General Information:					
1.	Course Title:	Therapeutic Nutrition			
2.	Course Number & Code:	03 10 828			
3.	Credit hours: 2	C.H			
		Th.	Seminar	Pr.	F. Tr.
		2	-	-	-
4.	Study level/year at which this course is offered:	Third year/ First semester			
5.	Pre –requisite:	Mf19			
6.	Co –requisite :	-			
7.	Program (s) in which the course is offered	Midwifery			
8.	Language of teaching the course:	English			
9.	System of Study:	Semester system			
10.	Mode of delivery:	Full time			
11.	Location of teaching the course:	College of Medical Applied Sciences			

III. Course Description:

This course is designed to introduce midwifery students to the concepts of applied nutrition, relationship between diet and health as well as to different disease condition with certain focusing to pregnancy and malnutrition. This course addresses the nursing responsibility in providing nutrition to healthy, ill and malnourished individuals. Different modes of providing nutritional support to patients requiring special feeding techniques will be addressed with emphases on nutritional therapy.

V. Course Content:

- Distribution of Semester Weekly Plan of Course Topics/Items and Activities.

A – Theoretical Aspect:

Order	Topics List	Week Due	Contact Hours
1	Nutrition in health	1	2
2	Digestion; absorption & metabolism	2-3	4
3	Nutritional assessment	4-6	6
4	Midterm exam	7	2
5	Nutritional support & diet modification	8-9	4
6	Therapeutic diet (nutritional therapy)	10-15	12
7	Final exam	15	2
Number of Weeks /and Units Per Semester		16	32

B– Practical Aspect:

Order	Topics List	Week Due	Contact Hours
	Not applicable	-	-
Number of Weeks /and Units Per Semester		-	-

VI. Teaching strategies of the course:

- Lecture – Discussion
- Demonstration of Assessment of nutritional status

VIII. Schedule of Assessment Tasks for Students During the Semester

Theoretical part

No.	Assessment Method	Week Due	Mark	Proportion of Final Assessment	Aligned Course Learning Outcomes
1	Attendance and Activities	15th week	5	5%	a1,a2,a3,b1,b2
2	Student assignment	5th and 12 th Week	10	10%	a1,a2,a3,b1,b2
3	Mid-term exam	7th or 8 th Week	20	20%	a1,a2,b2
4	Final exam	16th-17 th Week	60	60 %	a1,a2,a3,b1,b2
Total Theory Weight			100	100%	

Practical part

Assessment	Type of Assessment Tasks	Week Due	Mark	Proportion of Final Assessment	Aligned Course Learning Outcomes
	Not applicable	-	-	-	-