

Template for Course Plan (Maternity Nursing 2)

II. Course Description:

A **Maternity Nursing2** course focuses on the care of women during pregnancy, childbirth, and the postpartum period, as well as the care of newborns. It equips nursing students with the knowledge and skills to provide comprehensive care for mothers and infants. Here's a general course description:

IV. Course Contents:

A. Theoretical Aspect:

No.	Units/Topics List	Sub Topics List	Number of Weeks	Contact Hours
1	Postpartum Care	Physical and emotional changes during the postpartum period.	1	4
		Monitoring maternal recovery (vital signs, uterine involution, lochia)		
		Breastfeeding support and education on infant care Postpartum depression recognition and interventions. Family planning and contraception counseling.	1	4
2	Newborn Care (Neonatal)	Immediate newborn care (Apgar scoring, thermoregulation, cord care).	1	4
		Newborn assessments (weight, vital signs, reflexes).	1	4
		Common newborn complications (jaundice, hypoglycaemia) and their management		
		Newborn feeding methods (breastfeeding, bottle-feeding)		

		Parental education on infant care, bonding, and safety.		
	Midterm exam	– Midterm exam	1	4
3	Complications in Pregnancy and Childbirth	High-risk pregnancies (e.g., gestational diabetes, hypertension, preeclampsia).	3	12
		Preterm labor and birth interventions	2	8
		Postpartum hemorrhage, infection, and other complications. Fetal complications (e.g., congenital anomalies, intrauterine growth restriction)	2	8
4	High-Risk Pregnancy and Complications	- Managing high-risk pregnancies (hypertension, diabetes, placenta previa) - Preterm labor and delivery complications - Fetal distress and interventions (non-reassuring fetal heart rate, meconium aspiration) - Postpartum hemorrhage, infection, and other maternal complications - Newborn complications (preterm, low birth weight, congenital anomalies) - Vaginal and cesarean deliveries - Episiotomy and forceps/vacuum deliveries	4	8

		Amniotomy and augmentation of labor		
		Pain management techniques (pharmacological and non-pharmacological)		
		. Pharmacology in Maternity Nursing - Common medications used in maternity care (prenatal vitamins, oxytocin, analgesics) - Medication safety during pregnancy and breastfeeding - Pain management options during labor (epidurals, narcotics)		

		Postpartum medications (Rh immunoglobulin, contraceptives)		
		. Psychosocial and Cultural Aspects of Maternity Care. - Psychological aspects of pregnancy and childbirth - Cultural influences on childbirth and maternal care - Communication strategies with diverse patient populations - Supporting families through loss (miscarriage, stillbirth)		
		. Patient Education and Health Promotion - Educating mothers and families on pregnancy, childbirth, and newborn care - Teaching about self-care, breastfeeding, and family planning postpartum - Health promotion for mothers and newborns (nutrition, exercise,		

		immunizations)		
		7. Legal and Ethical Issues in Maternity Nursing - o Informed consent in labor and delivery. - o Ethical considerations in reproductive technologies and childbirth. - o Cultural sensitivity and individualized care in maternity settings. Clinical Experience Maternity Nursing courses often include clinical placements where students apply their skills in real-world settings such as: • Labor and delivery units. • Postpartum care units. • Neonatal intensive care units (NICU). • Maternity outpatient clinics.		
5	Final term exam	– Final term exam	1	4
Number of Weeks /and Units Per Semester			16	60

C. Case Studies and Practical Aspect:			
No.	Tasks/ Experiments	Number of Weeks	Contact Hours
1	Postpartum Care/	4	8
2	. Newborn Care (Neonatal)	4	8
3	Complications in Pregnancy and Childbirth	6	12

4	High-Risk Pregnancy and Complications	2	4
Number of Weeks /and Units Per Semester		16	32