

Template for Course Plan (Health education & promotion)

II. Course Description:

The course focuses on the methods used in health education for individual or group in the community also to development and implementation of a mini health education for individual or group and emphasis is placed on the educational process and approaches to health education

IV. Course Contents:

A. Theoretical Aspect:

No .	Units/Topics List	Sub Topics List	Number of Weeks	Contact Hours	Learning Outcomes (CILOs)
1	Introduction	- Concept and determinations of health. - Education Changing health behavior. - Assessing individual and group needs of health education. -Evolution of health education - Traditional health education - Community based health education -Health promotion - Social change - Objectives of health education - The health educator.	2	4	
2	The educational process	- Concept. - Identification of needs and priorities Educational objectives - Principles of health education.	1	2	
3	Scope of Health	School health education - Patient education	1	2	

	Education	Community health education - Worksite health education			
4	Learning / Teaching Process	Principles of learning and teaching - Characteristics of learning and teaching - Learning domains and learning objectives - Motivation in learning	2	4	
5		Midterm exam	1	2	
6	Psychosocial Basic of Health Education	- Factors affecting human behaviors: - Predisposing factors (knowledge, attitudes, beliefs and values). - Reinforcing factors (social support) - Enabling factors (resources and skills) - Behavior modifications - Models for behavior change	2	4	
7	Education al Methods and Materials:	-Educational methods: - -Face to face – -Interviewing and counseling (one to one) - Group work: class teaching, student's presentation and group discussion. - Role play -Simulation -Mass media - Audiovisual materials - Poster -Overhead projector - Written materials	3	6	
8	Planning of educationa l session	-Choice of course. - Identification of needs & priorities. -Definition of learning	3	6	

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		objectives. ▪ -Determination of Topic contents. ▪ Designing of evaluation tools. ▪ Implementation of activities..			
		Final exam	1	2	
Number of Weeks /and Units Per Semester			16	32	