

Course Plan of (Geriatric nursing)

II. Course Description:

This course focuses on the aging process from both biological and social perspectives. It includes normal and common pathological conditions as well as health: problems faced by elderly. Nursing care emphasized on health promotion, maintenance and prevention as well as helping old client to adapt with physiological aging changes and chronic illness

IV. Course Contents:

A. Theoretical Aspect:

No.	Units/Topics List	Sub Topics List	Number of Weeks	Contact Hours
1	introduction	Introduction to gerontology and ageism prospective – Health status of older adults	1	2
2		Theories of aging – Factors influence the aging	1	2
3	Critical illness in old age	Old age systemic physical changes Primary nursing practices to meet elder's physical needs Old age psychological and social changes Economic, security, psychological and safety needs	3	6

		Critical illness in old age		
4	Midterm exam	– Midterm exam	1	2
5	Critical illness	Critical illness in old age –	3	6
6		Chronic diseases of old adult	1	2
7		Health education of old client	2	4
8		Health education of old client Health services for old adult in KSA and other countries Death and dying	2	4
9	Case study	Case study on unhealthy old adult –	1	2
10	Final term exam	– Final term exam	1	2
Number of Weeks /and Units Per Semester			16	32