

Course Specification Family Planning

II. Course Identification and General Information:					
1.	Course Title:	Family Planning			
2.	Course Number & Code:	08 01 8220			
3.	Credit hours: 4	C.H			
		Th.	Seminar	Pr.	F. Tr.
		2	-	-	2
4.	Study level/year at which this course is offered:	Fourth year/ Second semester			
5.	Pre –requisite:	-			
6.	Co –requisite :	-			
7.	Program (s) in which the course is offered	Midwifery			
8.	Language of teaching the course:	English			
9.	System of Study:	Semester system			
10.	Mode of delivery:	Full time			
11.	Location of teaching the course:	College of Medical Applied Sciences			

III. Course Description:

The course describes the essential basis of counseling techniques related to contraception & fertility choices. It discusses assessment of family planning (FP) client, modern methods of FP, promotion/counseling, motivation, provision of FP services and management of a family planning clinic. This course deals with the development of skills in providing family planning services to the target population as well as in the management of a family planning clinic.

V. Course Content:

- Distribution of Semester Weekly Plan of Course Topics/Items and Activities.

A – Theoretical Aspect:

Order	Topics List	Week Due	Contact Hours
1	Introduction to family planning	1	2
2	Family Planning Services	2	2
3	Non-hormonal Methods : Natural methods	3-4	2
4	Non-hormonal Methods: Mechanical barriers	5-7	2

5	Midterm exam	8	2
6	Non-hormonal Methods: Chemical barriers(foams, jelly, spermicides)	9	2
7	Hormonal Methods: Oral pills	10	2
8	Hormonal Methods: Implants	11	2
9	Hormonal Methods: Injection	12	2
10	Terminal methods: Vasectomy	13	2
11	Terminal methods: Tubectomy /Female sterilization (tubal ligation)	14	2
12	Family Planning Counseling	15	2
16	Final exam	16	2
Number of Weeks /and Units Per Semester		16	32

B– Practical Aspect:			
Order	Topics List	Week Due	Contact Hours
1	Family Planning Services 1. Health assessment	1-3	36
2	Counseling	4-5	24
3	Contraceptive Methods 1. Procedures in Performing II. Management of Family Planning Clinic	6-11	72
4	Final Exam	12	12
Number of Weeks /and Units Per Semester		12	144

VI. Teaching strategies of the course:
1. Lecture method 2. Clinical Evaluation 3. Clinical exam 4. Brainstorming 5. Demonstration

VIII. Schedule of Assessment Tasks for Students During the Semester

Theoretical part

No.	Assessment Method	Week Due	Mark	Proportion of Final Assessment	Aligned Course Learning Outcomes
1	Attendance	1 st -15 th week	2	2%	a1, a2,a3,b1
2	Quiz	4 th - 12 th week	3	3%	a1, a2,a3,b1
3	Assignment	5 th - 12 th week	5	5%	a2,a3,b1
4	Mid-term exam	7 th or 8 th week	10		a1, a2,a3,b1
5	Final-exam	16 th -17 th week	40	40 %	a1, a2,a3,b1
Total Theory Weight			60	60%	

Practical part

No.	Assessment Method	Week Due	Mark	Proportion of Final Assessment	Aligned Course Learning Outcomes
1	Attendance and attitude	1 st -14 th week	5	5%	c1
2	Clinical Evaluation/ Semester Work	1 st -14 th week	10	10%	c1
3	Care Study/Case book	1 st -14 th week	5	5%	c1
4	Practical Record	1 st -14 th week	5	5%	c1
5	Final Exam (Written, Oral)	15 th week	5	5%	c1
6	Final clinical Examination	16 th week	10	10%	c1
Total Theory Weight			40	40%	