

Template for Course Plan (Community Health Nursing)

II. Course Description:

This course is designed for students to practice community health nursing for the individuals, families and communities at both urban and rural settings by using concept and principles of prevention, promotion and maintenance of health.

IV. Course Contents:

A. Theoretical Aspect:

No.	Units/Topics List	Sub Topics List	Number of Weeks	Contact Hours
1	Concept of health	- Definition and processes used in community nursing - Responsibilities and functions of community nurse - Factors influencing the health status of the individual and for family in the community. - Services to the individual and to the family. - Family health and home management assessment	2	8
2	Types of health problems in various types of communities	- Urban - Rural - Industrial	2	8
3	Community nursing responsibilities in various health centers	-Supervisory and management responsibilities - Participation with communities in health plans. - Recording, reporting, follow-up and referrals	2	8

		- Disease surveillance		
4		Midterm exam	1	4
5	Health education program	- Maternal - child health centers, family planning - Occupational health centers. - School health - Geriatric health. - Rehabilitation. - Three levels of preventive care: - Primary - Secondary – Tertiary	1	4
6	Health Promotion	Health Promotion	3	12
7	Environmental health	- Introduction: Concepts and principles of environmental health. - Factors which influence the health of community. - Aspects of environmental health: Water supply. Sewage disposal. Housing facilities. Refuse collection and hospital. - Food supply. Habits. Pest control. Atmospheric pollution control. - personal hygiene: Cleaning and grooming. Clothing. -Posture Exercises. - Fresh air. Sunlight. Work. Fatigue. Rest Recreation. -Governmental legislation: Health organization. National governmental. Private nongovernmental. - International organization Role, functions and responsibilities of the nurse in promoting environmental health:	3	12

		Hospitals. Health centers. Community		
8		Final exam	1	4
Number of Weeks /and Units Per Semester			14	56

B. Case Studies and Practical Aspect:				
No.	Sub Topics List	Number of Weeks	Contact Hours	Learning Outcomes (CLOs)
1	Concept of health	3	6	
2	Types of health problems in various types of communities	3	6	
3	Community nursing responsibilities in various health centers	3	6	
4	Health education program	3	6	
5	Environmental health	4	8	
Number of Weeks /and Units Per Semester		16	32	