

Course Specification Adult Health Nursing For Midwifery

II. Course Identification and General Information:					
1.	Course Title:	Adult Health Nursing For Midwifery			
2.	Course Number & Code:	08 01 816			
3.	Credit hours: 5	C.H			
		Th.	Seminar	Pr.	F. Tr.
		3	-	-	2
4.	Study level/year at which this course is offered:	Second year/second semester			
5.	Pre –requisite:	NSG01&NSG02			
6.	Co –requisite :	-			
7.	Program (s) in which the course is offered	Midwifery			
8.	Language of teaching the course:	English			
9.	System of Study:	Semester system			
10.	Mode of delivery:	Full time			
11.	Location of teaching the course:	College of Medical Applied Sciences			

III. Course Description:

The course is design to enable students the care of adult clients with common alterations in health status. The students are guided to use the nursing process to explore the role of the professional nurse in assisting clients attain and maintain wellness.

V. Course Content:

- Distribution of Semester Weekly Plan of Course Topics/Items and Activities.

A – Theoretical Aspect:

Order	Topics List	Week Due	Contact Hours
1	Introduction	1	3

2	Nursing assessment and management of patients with fluids and electrolytes imbalance:	2	3
3	Management of patients with respiratory problems	3-5	9
4	Nursing assessment and management of patient with disorders of digestive system	6-7	6
5	Med-term exam	8	2
6	Management of Patients With Structural, Infectious, and Inflammatory Cardiac Disorders	9	3
7	Management of Patients With Complications From Heart Disease	10	3
8	Assessment and Management of Patients With Vascular Disorders and Problems of Peripheral Circulation	11	3
9	Nursing assessment and management of patient with genito-urinary problems	12-13	6
10	Nursing assessment and management of patient with disorders of endocrine system	14	3
11	Assessment and Management of Patients With Hematologic Disorders	15	3
12	Final exam	16	3
Number of Weeks /and Units Per Semester		16	46

B– Practical Aspect:			
Order	Topics List	Week Due	Contact Hours
1	- Assessment of the patient - Taking history - Perform general and specific physical examination. - Identify alterations and deviations - Practice medical surgical asepsis- Standard safety measures - Administer medications: Oral, IV, IM, Subcutaneous - IV therapy - IV canulation Maintenance and monitoring - Oxygen therapy by different methods - Nebulization - Chest physiotherapy - Naso gastric feeding - Assist in common diagnostic - Perform Assist in therapeutic procedures - Blood and component therapy - Throat Suctioning - Collect specimens for common investigations. - Maintain elimination Caricaturisation - Enema - Urinary drainage - Maintain Intake, output and documentation - Counsel and teach related to specific disease conditions	1-2	30
2	- Practice medical surgical asepsis-Standard safety measures - Pre-operative preparation of patients - Post-operative care - Receiving patients, assessment, monitoring, care - Care of wounds and drainage - Suture removal - Ambulation and exercise - Naso gastric aspiration	3-4	30

	- Care of chest drainage - Ostomy care - Gastrostomy - Colostomy - Enterostomy - Blood and component therapy - Practice universal precautions		
3	- Physical examination of the cardio vascular system Recording and interpreting ECG - Monitoring of patients - Preparation and assisting in non-invasive and invasive diagnostic procedures. - Administer cardiac drugs - Cardio pulmonary Resuscitation - Teach patients and families - Practice medical and surgical asepsis - Standard safety measures	5-6	30
4	- Assist in diagnostic and therapeutic procedures - Administer topical medication - Practice medical surgical asepsis - Standard safety measures - Use of personal protective equipment(PPE) - Give Medicated baths	7-8	30
5	- Assessment of orthopaedic patients - Assist in application of plaster cast and removal of cast - Apply skin traction- buck's extension traction. - Assist in application and removal of prosthesis - Physiotherapy-Range of motion exercises (ROM), muscle strengthening exercises - Crutch maneuvering technique. - Activities of daily living - Ambulation - Teach and counsel patients and families	9-10	30
6	- Scrubbing, gowning, gloving - Identify instruments, suturing materials for common operations - Disinfection	11-12	30

	- Preparation of instrument sets for common operations - Sterilization of sharps and other instruments - Prepare the OT table depending upon the operation - Positioning and monitoring of patients - Endotracheal intubation - Assisting in minor and major operations. - Handling specimens - Disposal of waste as per the guidelines		
7	Final exam	1	15
Number of Weeks /and Units Per Semester		13	195

VI. Teaching strategies of the course:

1. Lecture
2. Lecture – Discussion
3. Student Presentations
4. Role Plays
5. Brainstorming
6. Case study
7. Field work

VIII. Schedule of Assessment Tasks for Students During the Semester: Theoretical part

No.	Assessment Method	Week Due	Mark	Proportion of Final Assessment	Aligned Course Learning Outcomes
1	Attendance and Activities	15th week	5	5%	a1,a2,a3,a4,a5,b1,d1,d2
2	Semester work	5th and 12th week	5	5%	a1,a2,a3,a4,a5,b1,d1,d2
3	Mid-term exam	7th or 8th week	20	20%	a1,a2,a3,a4,a5,b1
4	Final exam	16th-17th week	70	70 %	a1,a2,a3,a4,a5,b1,d1,d2

Clinical part					
Assessment	Type of Assessment Tasks	Week Due	Mark	Proportion of Final Assessment	Aligned Course Learning Outcomes
1	Attendance and Attitude	15 th week	10	10%	c1,c2,c3,c4
2	Student assignments	1 st and 15 th Week	10	10%	c1,c2,c3,c4
3	Clinical Evaluation/ Semester Work	15 th week	50	50%	c1,c2,c3,c4
4	Final Exam (Written, Oral and Clinical Exam)	16 th -17 th week	30	30%	c1,c2,c3,c4