

Template for Course Plan (Health education & promotion)

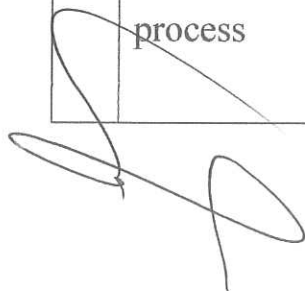
II. Course Description:

The course focuses on the methods used in health education for individual or group in the community also to development and implementation of a mini health education for individual or group and emphasis is placed on the educational process and approaches to health education

IV. Course Contents:

A. Theoretical Aspect:

No .	Units/Topics List	Sub Topics List	Number of Weeks	Contact Hours	Learning Outcomes (CLOs)
1	Introduction	<ul style="list-style-type: none"> ▪ Concept and determinations of health. - Education Changing health behavior. - Assessing individual and group needs of health education. -Evolution of health education ▪ Traditional health education - Community based health education -Health promotion - Social change ▪ Objectives of health education ▪ The health educator. 	2	4	
2	The educational process	<ul style="list-style-type: none"> ▪ Concept. ▪ Identification of needs and priorities Educational objectives ▪ Principles of health education. 	1	2	




3	Scope of Health Education	<ul style="list-style-type: none"> ▪ School health education - Patient education ▪ Community health education - Worksite health education 	1	2	
4	Learning / Teaching Process	<ul style="list-style-type: none"> ▪ Principles of learning and teaching - Characteristics of learning and teaching - Learning domains and learning objectives - Motivation in learning 	2	4	
5		Midterm exam	1	2	
6	Psychosocial Basic of Health Education	<ul style="list-style-type: none"> ▪ Factors affecting human behaviors: ▪ Predisposing factors (knowledge, attitudes, beliefs and values). - Reinforcing factors (social support) ▪ Enabling factors (resources and skills) ▪ Behavior modifications ▪ Models for behavior change 	2	4	
7	Education al Methods and Materials:	<ul style="list-style-type: none"> ▪ -Educational methods: - ▪ -Face to face – ▪ -Interviewing and counseling (one to one) ▪ Group work: class teaching, student's presentation and group discussion. ▪ Role play ▪ -Simulation -Mass media ▪ Audiovisual materials ▪ Poster -Overhead projector ▪ Written materials 	3	6	
8	Planning	<ul style="list-style-type: none"> ▪ -Choice of course. 	3	6	

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	of educationa l session	<ul style="list-style-type: none">▪ Identification of needs & priorities.▪ -Definition of learning objectives.▪ -Determination of Topic contents.▪ Designing of evaluation tools.▪ Implementation of activities..			
		Final exam	1	2	
		Number of Weeks /and Units Per Semester	16	32	

