



الجمهورية اليمنية
وزارة التعليم العالي والبحث العلمي
جامعة ٢١ سبتمبر للعلوم الطبية والتطبيقية
كلية الطب المخبري
قسم الكيمياء الحيوية
وحدة التطوير وضمان الجودة

Republic of Yemen
Ministry of Higher Education & Scientific Research
21 SEPTEMBER UMAS
Faculty of Faculty of Laboratory medicine.
Department of Biochemistry
Unite of Development & Quality assurance

Republic of Yemen

Ministry of Higher Education & Scientific Research

21 SEPTEMBER UNIVERSITY of MEDICALS & APPLIEED SCIENCES



Faculty of Laboratory medicine..

Department of Biochemistry and Molecular Biology Course Specification of Enzymes and Vitamins

Course No. (03.01.316)

2023/2022



Course name : Enzymes and Vitamins

I. Course Identification and General Information:				
1	Course Title:	Enzymes and Vitamins		
2	Course Code & Number:	03.01.316		
3	Credit Hours:	Theory Hours		
		Lecture	Exercise	Practical
		2		2
	Credit Hours	3		
4	Study Level/ Semester at which this Course is offered:	3th Level / 1st Semester		
5	Pre –Requisite (if any):	Medical Biochemistry 1 (introduction)		
6	Co –Requisite (if any):	Basic biochemistry		
7	Program (s) in which the Course is Offered:	Faculty of laboratory medicine		
8	Language of Teaching the Course:	English		
9	Study System:	semester		
10	Mode of Delivery:	Regular		
11	Location of Teaching the Course:	University Campus		
12	Prepared by:	Dr.Nawal Al-Henhena		
13	Date of Approval:	2022-2023		

II. Course Description:

The course describe the basic knowledge in the Structure, Classification and Biological functions of Enzymes and vitamins.

III. Alignment Course Intended Learning Outcomes with program outcomes

III. Course Intended Learning Outcomes (CILOs)		Referenced PILOs
A. Knowledge and Understanding: <i>Upon successful completion of the course, students will be able to:</i>		
a1	Describe the nature of enzymes and definitions of terms related to enzymology (Allosteric site of the enzyme, Coenzymes, Co-factors, activators, and inhibitors) and point out diseases produced by vitamins deficiency.	A1
B. Intellectual Skills: <i>Upon successful completion of the course, stud-ents will be able to:</i>		
b1	Integrated and Correlate causes, effects of diseases dependent on knowledge of enzyme and vitamin deficiency.	B1
C. Professional and Practical Skills: <i>Upon successful completion of the course, students will be able to:</i>		
c1	Perform chemical tests to study the properties of vitamins and enzymes	C1
D. Transferable Skills: <i>Upon successful completion of the course, students will be able to:</i>		
d1	Write reports and essay on the different scientific items in the field of biochemistry	D1

IV. Alignment Course Intended Learning Outcomes with Teaching Strategies and Assessment methods :

(A) Alignment Course Intended Learning Outcomes of Knowledge and Understanding to Teaching Strategies and

Assessment Strategies:

Assessment Strategies:			
	Course Intended Learning Outcomes	Teaching strategies	Assessment Strategies
a1	Describe the nature of enzymes and definitions of terms related to enzymology (Allosteric site of the enzyme, Coenzymes, Co-factors, activators, and inhibitors) and point out diseases produced by vitamins deficiency.	Lectures	Exam
(B) Alignment Course Intended Learning Outcomes of Intellectual Skills to Teaching Strategies and Assessment Strategies:			
	Course Intended Learning Outcomes	Teaching strategies	Assessment Strategies
b1	Integrated and Correlate causes, effects of diseases dependent on knowledge of enzyme and vitamin deficiency.	Lectures	Exam
C Alignment Course Intended Learning Outcomes of Professional and Practical Skills to Teaching Strategies and Assessment Strategies:			
	Course Intended Learning Outcomes	Teaching strategies	Assessment Strategies
c1	Perform chemical tests to study the properties of vitamins and enzymes	Practical session	Practical exam
(D) Alignment Course Intended Learning Outcomes of Transferable Skills to Teaching Strategies and Assessment Strategies:			
	Course Intended Learning Outcomes	Teaching strategies	Assessment Strategies
d1	Write reports and essay on the different scientific items in the field of biochemistry	Practical session	seminars

V. Course Content:

A – Theoretical Aspect:

NO.	Units/Topics List	Sub Topics List	Number of Weeks	contact hours	Learning Outcomes (CILOs)
1	Introduction, Definition and Classification of enzymes.		1	2	a1
2	-Factors affecting enzyme activity -Salient features of active site.		1	2	a1,b1

	-Enzyme Inhibition -Mechanism of Enzyme Action				
3	Regulation of enzyme activity in the living system Units and It's applications Coenzymes: Introduction, definition & function with examples Isoenzymes: Introduction, definition and it's features. Isoenzymes of LDH		1	2	a1,b1
4	Diagnostic Importance of Enzymes (Clinical enzymology) • Location of enzymes		1	2	b1
5	• Liver enzymes		1	2	b1
6	• Muscle enzymes		1	2	b1
7	• Cardiac enzymes		1	2	b1
8	MED TERM		1	2	b1
9	• Bone enzymes		1	2	b 1
10	• Use of enzymes as diagnostic tools, reagents and enzyme immunoassay methods		1	2	d1
11	• Water-soluble vitamins : • Daily requirement and diseases related to fat-soluble vitamin deficiency •List dietary sources and RDA of each of the vitamins. •Describe physiological roles of all vitamins.		1	2	a1
12	Define vitamins Functions of vitamins Classification vitamins		1	2	a1
13	Fat-soluble vitamins : • Fat-soluble vitamins		1	2	a1,b1
14	•List dietary sources and RDA of each of the vitamins.		1	2	a1
15	•Describe physiological roles of all		1	2	d1



	vitamins. •Deficiency manifestations of each vitamins. • Daily requirement and diseases related to fat-soluble vitamin deficiency				
16	Final EXAM		1	2	
	TOTAL		16	32	

B - Practical Aspect: (if any)				
Order	Tasks/ Experiments	Number of Weeks	contact hours	Learning Outcomes
1	Introduction of enzymes and Factors affecting on enzyme activity	1	2	a1, b1
2	GOT	1	2	c1,d1
3	GPT	1	2	c1,d1
4	CK	1	2	c1,d1
5	ALP	1	2	d1,1c
6		1	2	c1.d1

	GGT			
7	amylase	1	2	c1,d1
8	lipase	1	2	c1,d1
Number of Weeks /and Units Per Semester		8	16	

V. Teaching Strategies of the Course:

1-	Lectures
2-	Practical session
3-	Seminars

VI. Assessment Methods of the Course:

No	Assignment
1	Written Exams (Short Essays) and Quizzes
2	Written Exams(MCQ)
3	Practical Exams (PE)

VII. Assignments:

No.	Assessment Method	Week Due	Mark	Proportion of Final Assessment	Aligned Course Learning Outcomes
1	Midterm Exam	8	20	20%	a1, ,b1, ,c1
2	Practical exam	12	30	30%	a1, ,b1, ,c1,d1
3	Final Exam	16	50	50%	a1, ,b1, c1
	Total	100		100%	

X. Learning Resources:

--	--

1- Required Textbook(s)

1-	Ferrier Denise. Lippincott's illustrated reviews: Biochemistry, 7th edition, Wolters Kluwer. 2017.
2-	Rodwell Victor, et al. Harper's Illustrated Biochemistry, 31th edition McGraw-Hill. 2018.

2- Essential References.

1-	Biochemistry (https://pubs.acs.org/journal/bichaw)
2-	Biochemical Journal (https://portlandpress.com/biochemj)

3- Electronic Materials and Web Sites etc.

1-	https://www.ncbi.nlm.nih.gov/pubmed/ The medical biochemistry page (online textbook) : https://themedicalbiochemistrypage.org/
2-	1. MIT open courseware. Biological Chemistry I
3-	(https://ocw.mit.edu/courses/chemistry/5-07sc-biological-chemistry-ifall-2013/)
4-	2. MIT open courseware. Biological Chemistry II

XI. Course Policies:

1	Class Attendance: Class Attendance is mandatory. A student is considered absent and shall be banned from taking the final exam if his/her absence exceeds 25% of total classes.
2	Tardiness: -If the student dose not attend for more than 6 times, the student will be obligated to withdrew from the course
3	Exam Attendance/Punctuality: No student shall be allowed to the exam hall after 30 minutes of the start time, and shall not leave the hall before half of the exam time has passed.
4	Assignments & Projects:



	Assignments and projects must be submitted on time. Students who delay their assignments or projects shall lose the mark allocated for the same.
5	Cheating: Cheating is an act of fraud that results in the cancelation of the student's exam or assignment. If it takes place in a final exam, the penalties stipulated for in the Uniform Students' Bylaw (2007) shall apply.
6	Forgery and Impersonation: Forgery/Impersonation is an act of fraud that results in the cancelation of the student's exam, assignment or project. If it takes place in a final exam, the penalties stipulated for in the Uniform Students' Bylaw (2007) shall apply.
7	Other policies: The University official regulations in force will be strictly observed and students shall comply with all rules and regulations of the examination set by the Department, Faculty and University Administration