



جامعة 21 سبتمبر للعلوم الطبية والتطبيقية

21 September UMAS

## Mutaia Abdullah Ahmed Abuarij.....السيرة الذاتية لـ د.

| البيانات باللغة الإنجليزية              |  | البيانات باللغة العربية  |                             |
|---|--|--|-----------------------------|
| <b>Personal Information</b>             | Name: <b>Mutaia Abdullah Ahmed Abuarij</b><br>Academic Degree: <b>Associated Professor</b><br>Specialty: <b>Dermatology and Venerology</b><br>Faculty: Medicine<br>Department: Dermatology and Venerology<br>E-mail: <a href="mailto:Mabuarij@21umas.edu.ye">Mabuarij@21umas.edu.ye</a>  | الاسم: مطيع عبدالله احمد ابو عريج<br>الدرجة العلمية: أستاذ مشارك<br>التخصص الدقيق: جلديه وتناسليه<br>الكلية: الطب<br>القسم العلمي: الجلديه والتناسليه<br>الايمل: <a href="mailto:Mabuarij@21umas.edu.ye">Mabuarij@21umas.edu.ye</a>  | المعلومات الشخصية           |
| <b>Academic &amp; Research websites</b> | Google Scholar:<br><a href="https://scholar.google.com/citations?user=XxfquKMAAAAJ">https://scholar.google.com/citations?user=XxfquKMAAAAJ</a><br>ORCID: <a href="https://orcid.org/0009-0001-9201-3292">orcid.org/0009-0001-9201-3292</a><br>Scopus:<br><a href="http://www.scopus.com/sources.uri?zone=TopNavBar&amp;origin=authorNames">http://www.scopus.com/sources.uri?zone=TopNavBar&amp;origin=authorNames</a> | Google Scholar:<br><a href="https://scholar.google.com/citations?user=XxfquKMAAAAJ">https://scholar.google.com/citations?user=XxfquKMAAAAJ</a><br>ORCID: <a href="https://orcid.org/0009-0001-9201-3292">orcid.org/0009-0001-9201-3292</a><br>Scopus:<br><a href="http://www.scopus.com/sources.uri?zone=TopNavBar&amp;origin=authorNames">http://www.scopus.com/sources.uri?zone=TopNavBar&amp;origin=authorNames</a> | المواقع الاكاديمية والبحتية |
| <b>Professional Experiences:</b>        | Vice Rector for Academic Affairs, 21 September University for Medical and Applied Sciences 2019 – Present  |  |                             |



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Assistant Secretary General for Medical Specialization Yemeni Council, 2019 – Present.

Head of the Department of Dermatology and Venereology Faculty of Medicine, 21 September University for Medical and Applied Sciences, 2019 – Present.

President of the Yemeni Society of Dermatology, Venereology, and Aesthetics (YSDVA)  
Effective since 2024.

President of the Scientific Council of Dermatology and Venereology,  
Ministry of Public Health & Population, Yemen | 2019 – Present.

Chairman of the Yemeni Psoriasis Patients Society, 2018 – Present.

National Coordinator of Global Psoriasis Atlas (GPA) | 2025 – Present.

Member of the Board of Directors Arab Academy of Dermatology and Aesthetics (AADA) | 2023 – Present.

Coordinator of Arab Board Students in Dermatology, Ministry of Public Health & Population, Yemen, 2013 – Present.

Vice Rector for Academic Affairs Amran University for Medical Science | 2017 – 2019



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|  | <p>Member of the Examination Committee of Arabic Scientific Council of Dermatology, Arab Board of Medical Specialization   2018 – Present</p> <p>Member of Training and Accreditation Committee of Arabic Scientific Council of Dermatology, Arab Board of Medical Specialization   2014 – 2018.</p> <p>Supervisor and Trainer of Dermatology, Yemeni Board for Medical Specialization   2013 – Present.</p> <p>Post-Graduate Training and Researcher, Arabic Board of Dermatology Specialization, Al-Thawra General Educational Hospital, Sana'a   2006 – 2013.</p> |
| <b>Education</b>   | <p><b>Ph.D.</b> Doctorate in Dermatology and Venereology, Arab Board of Medical Specialization   February 2013.</p> <p><b>B.Sc.</b> Bachelor of Medicine and Surgery (MBBS), University of Gezira, Faculty of Medicine, Republic of Sudan   June 2001, Grade: Very Good (81%)   GPA: 3.23 / 4.00.</p> <p>Certificate of Internship, Ministry of Federal Health, Republic of Sudan   July 2001 – May 2003</p> <p>Specialized Training Certificate in Dermatology and Venereology, Ankara Numune Training and Research Hospital, Republic of Turkey   2011.</p>        |
| <b>Personal Skills</b>                                   | <p>Professional expertise in the strategic leadership and administrative management of higher educations and medical universities.</p> <p>Proficiency in designing medical curricula and establishing comprehensive item bank for specialized professional examinations.</p> <p>Extensive experience in providing clinical and academic oversight for medical fellowship, residency programs and postgraduate research.</p>  |
| <b>Experience and skills in the field of development</b> | <p>Member, Arab Board Specialization Council of Dermatology   2014 – Present.</p>  |



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|-------------------------------------|--|
| <p><b>and quality assurance</b></p> | <p>Member, Pan Arab Dermatology Society   2018 – Present.</p> <p>Member, Yemeni Dermatology Society   2006 – Present.</p> <p>Member, Medical Council, Republic of Yemen   2013 – Present.</p> <p>Member, Yemen Medical &amp; Pharmacy Syndicate   2003 – Present.</p> <p>Member of the Examination Committee of Arabic Scientific Council of Dermatology, Arab Board of Medical Specialization   2018 – Present.</p> <p>Member of Training and Accreditation Committee of Arabic Scientific Council of Dermatology, Arab Board of Medical Specialization   2014 – 2018.</p> <p>Member of the Board of Directors Arab Academy of Dermatology and Aesthetics (AADA)   2023 – Present.</p>  |
| <p><b>Publications</b></p>          | <p><b>Researches and scientific papers:</b></p> <ol style="list-style-type: none"><li>1. Mutaia Abuarij, Mosaed Shohet (2011), Prevalence of psoriatic arthritis in psoriatic patients attended AL-Thawra Teaching General Hospital in Sana'a, Yemen 2010 - 2011. Dermatology and Venerology Council, Arab board of Health Specializations.</li><li>2. Mutaia Abuarij, Amal ALQtwani (2023), Efficacy of oral isotretinoin in combination with oral desloratadin in the treatment of acne vulgaris. Journal of 21 September University for Medical and Applied Sciences Volume (1), Issue (2):11 Jul 2023 P: 120-133<br/>Journal homepage: <a href="http://21umas.edu.ye/masj">http://21umas.edu.ye/masj</a>. Scholar.google.com</li></ol> |



**3.** Mutaia Abuarij, Amal AL Agbari, Epidemiology situations of mucocutaneous leishmania in Yemen from 2017 - 2022. Journal of 21 September University For Medical and Applied Sciences Volume (3), Issue (1):11 Jul 2024 P: 1- Journal homepage: <http://21umas.edu.ye/masj>. Scholar.google.com

4- Mutaia Abuarij, Ali Alyahawi, and Ali Alkaf, The Current Trends of Psoriasis Treatment in Dermatological Practice 2024. Available online at [www.ujpronline.com](http://www.ujpronline.com)  
Universal Journal of Pharmaceutical Research *An International Peer Reviewed Journal* ISSN: 2831-5235 (Print); 2456-8058 (Electronic) Copyright©2024.

5. Mutaia Abuarij, Muneera Shaher, Ammar Awad, Quality of Life and Psychological Distress among Vitiligo Patients Attending Public Dermatology Clinics in Sana'a, Yemen. Context- 21 umas.edu.ye, scholar.google.com.

**Supervisor of The Following Researches:**

6. Evaluation of Clinical and Demographic Characteristics of Patients Diagnosed with Herpes Zoster in AL-Kuwait University Hospital Sana'a from March 2015 to February 2016.
7. Cutaneous manifestations in patients with chronic renal disease and dialysis, Althawrah Hospital, Sana'a, Yemen May 2017 – September 2017.
8. Topical Corticosteroid Abuse on The Face, Among Patients Presented to Kuwait University Hospital, Sana'a, Yemen September 2017 - MAY 2018.
9. The Efficacy of Using Azithromycin 500 Mg Capsules in The Treatment of Moderate Acne Vulgaris a Study



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Done Between April 2014 – March 2016 in Dermatology and Venerology Department in Al Thawrah Hospital, Sana'a – Yemen.

10. Clinico-Epidemiological Characteristics and Prevalence of Oral Mucosal Lesions Associated with Skin Diseases among Yemeni Patients Attending Dermatology Outpatient Clinic and Inpatients Department at Al-Thawrah Hospital, Sana'a City, Yemen, during October 2018 - May 2019.
11. Evaluation of dermal symptoms following COVID -19 AstraZeneca vaccine among Yemeni health care workers 2021 -2022.
12. Cutaneous manifestations of sever acute malnutrition under five children treated at nutrition department in AlKuwait university hospital, Sana'a – Yemen 2021-2022.
13. Prevalence of seborrheic dermatitis in Sana'a (study among patients attending dermatology outpatient clinic at al- Gumhourri hospital and Azal hospital in Sana'a city, Yemen during the period (form June 2021 – March 2022).
14. Effects of Qat Chewing on oral cavity in Sana'a, Yemen in September 2021 – march 2022.
15. Clinical pattern of dermatoses in chronic kidney diseases on hemodialysis in al-Thawra Hospital Sana'a, Yemen in 2022.



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16. Cutaneous manifestations of Sever Acute Malnutrition among under five Children treated at nutrition department in Al-Kuwait University Hospital, Sana'a - Yemen 2021
17. Knowledge, Attitude, and Practice among Yemeni People toward Effects of Sun Exposure and Use of Sunscreens during the period from December 2021 to March 2022.
18. Evaluation of Dermal Symptoms Following COVID-19 AstraZeneca Vaccine among Yemeni Healthcare Workers during 2021.
19. Cutaneous manifestations of COVID-19 among Yemeni population 2021.
20. Perception of stretch marks risk factors among adults in Sana'a City, Yemen 2022-2023
21. The Impact of Acne on Health-Related Quality of Life (HRQL) in Sana'a city, Yemen 2022-2023.
22. Atopic Dermatitis During Pregnancy among Yemeni Women Attending Dermatology Outpatient Clinic at Al-Thawrah Hospital, Sana'a – Yemen, 2022/2023
23. Prevalence and Factors Associated with Self-medication in Dermatology among Yemeni Patients in Sana'a City, Yemen 2022-2023.
24. Body Dysmorphic Disorder (BDD) in Common Skin Diseases in Sana'a City, Yemen 2023-2024.
25. Association of Metabolic Syndrome with Early-onset Androgenetic Alopecia among Yemeni patients in Sana'a City, 2023-2024
26. Clinical Picture, and Risk Factors of Molluscum Contagiosum Infection among Yemeni Patients Attending Outpatient Clinics in General Hospitals - Sana'a City, 2024.



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27. Nail Changes Related to Cancer Chemotherapy: A Descriptive Clinical Study from National Center of Oncology in Sana'a City- Yemen, 2024.
28. Trichoscopic and Clinicomorphological Evaluation of Tinea Capitis in Children Attended Dermatology Outpatients Clinic at Al-Thawra General Hospital in Sana'a City, Yemen- 2024.
29. Patterns, Manifestations, and Complications of Skin Disease among Yemeni Patients Diagnosed with Rheumatoid Arthritis in Sana'a City - A Descriptive Study in The Period from January 2024 to March 2025.
30. The Association Between Helicobacter Pylori Infection and Rosacea Among Rosacea Yemeni Patients in Sana'a City, Yemen 2024-2025.
31. Correlation between Glycemic Control and Diabetic Dermopathy among Yemeni Diabetic Patients in Sana'a City, Yemen 2024-2025.

### Scientific Conferences

#### Speker in the following conferences:

1. Scientific paper (Challenges in The Early Clinical Diagnosis of Psoriatic Arthritis) at 13<sup>th</sup> International congress of the Jordanian society of Dermatology and Venerology 17- 19 April 2024.
2. Scientific Paper (Neuro cutaneous dermatoses) at Yemeni Neurosurgery conference in 2021.
3. Scientific Paper (Psyco cutaneous dermatoses) at Yemeni psychiatric conference in 2021.
4. Scientific Paper (Dermatoses of pregnancy) at Yemeni obse & gyn conference in 2021.



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5. Scientific paper (Cutaneous manifestations of internal malignancy) at Pan Arab league of Dermatologist & Libyan society of dermatology and Aesthetic conference of dermatology in Libya 2022.
6. Scientific paper (prevalence of psoriatic arthritis in psoriasis patients in Yemen) at second dermatology Yemeni scientific conference in world psoriasis day 29 October 2023.
7. Chairman of the 4<sup>th</sup> Yemenia scientific Dermatology and Venerology and Aesthetic conference hold in Sana a city in Yemen on July 2025.
8. Chairman of 3<sup>rd</sup> Yemeni scientific dermatology& cosmetic conference hold in Sana a city on October 2023.
9. Pan Arab League of Dermatology 17 th conference in Binghazi - Lybia on 2022 .
10. Pan Arab League of Dermatology 16<sup>th</sup> Conference in Khartoum - Sudan 20- 22 November 2018.
11. Vice president of the Yemeni 2nd Dermatology Conference Held on Sana a city 10 – 11 October 2018.
12. Attend in the Yemeni 1st Dermatology Conference Held on Sana a city 8- 10 March 2013.